



Kate Varness
clarity coach

Productivity & clarity coach
Conference speaker
Podcast guest
Rabblrouser



Bring fresh ideas to your network of high-achieving women

Expect to laugh and learn as Kate takes on the “behind closed doors” experience of being a busy solopreneur or a heart-centered leader. Her no-nonsense style and unconventional approach have sparked practical action and entertained audiences – nationally and internationally - since 2007.

Experience the a-ha’s, fun, and real-world application by having Kate speak to your group or on your podcast.

SAMPLE TALKS AND PROGRAMS

Use Procrastination to Your Advantage

Find out how to leverage procrastination as a trigger for alignment.

Cure Your Visibility Hangover & Grow

Learn how to experience less angst around putting yourself out there.

It’s Not Mindset: It’s Energetics

You can’t think your way to new thinking, but you can change energetics.



I love this, Kate!
Great shift in my thinking!
Connie Jo Miller,
Enigma Bookkeeping Solutions



Shout out to Kate for her help to understand my ‘energy record.’
Nancy Linnerooth,
EFT Specialist



GREAT presentation Kate!
Strong advice and simple processes to remember. Thank you.
Tracey Arehart,
Sales Consultant at Judie Glenn Inc



Learning that ‘time management is actually energy management’ is a game-changer. #profound
Suzanne T. Moore,
Business & Marketing Coach & Strategist



kate@katevarness.com

www.katevarness.com

+1 309.251.2646